



Supporting the journey  
to independence

## PRE-RESIDENTIAL SCREENING FORM

*Please fill out each section as detailed as possible*

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Apartment Number: \_\_\_\_\_ City: \_\_\_\_\_  
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Housing History: (within the last five years and the reason for leaving):

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Type of Housing: \_\_\_\_\_  
Landlord/Agency Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Date moved in: \_\_\_\_\_ Date moved out: \_\_\_\_\_  
Reason for leaving:  
Other comments related to housing history: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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**PSYCHIATRIC HISTORY:**

**How old were you when first diagnosed?**

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**(a) Primary Diagnosis:**

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**(b) Secondary Diagnosis:**

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**Do you take medication? If so, please provide the name of the medication and the dosage and what the medication is intended to address.**

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**What challenges do you experience when you are feeling well?**

Please describe i.e. energy level; appetite; concentration; memory/recall; sleep patterns etc.

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**What challenges do you face when not feeling well?**

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**What coping skills do you find useful or interventions to assist you in maintaining your mental health?**

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**Have you been hospitalized in the past 2 years for mental health reasons?**

(Number of times and number of days)

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**Are you struggling with intellectual disability? Do you require assistance because of cognitive; communication; behavioural; emotional challenges? If so, what kind of challenges? What kind of assistance?**

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**Do you have other physical health conditions or challenges?**  
(allergies, diabetes, hearing impairment)?

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*Please include a copy of your most recent Psychological Assessment*

Name of Psychiatrist \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

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Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do you give consent for him/her to be contacted and (1) review your answers to this questionnaire; (2) to share your health history with us; and (3) to discuss with us whether your participation in the Day Program and (if applied for) the Therapeutic Assessment Unit Program and/or Enhanced Residence Program would be appropriate and beneficial for you and would not pose undue risk to yourself or others?

**Yes** if yes, please sign here \_\_\_\_\_  
and print your name and the capacity in which you are signing i.e. in person, or as  
attorney for personal care. \_\_\_\_\_

**No**



**COMMUNITY RESOURCES**

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do you give consent for him/her to be contacted and (1) review your answers to this questionnaire; (2) to share your health history with us; and (3) to discuss with us whether your participation in the Day Program and (if applied for) the Therapeutic Assessment Unit Program and/or Enhanced Residence Program would be appropriate and beneficial for you and would not pose undue risk to yourself or others?

**Yes** if yes, please sign here \_\_\_\_\_  
and print your name and the capacity in which you are signing i.e. in person, or as attorney for personal care. \_\_\_\_\_

**No**

**OTHER SERVICES CURRENTLY UTILIZING SUCH AS SPEECH AND LANGUAGE PATHOLOGIST; OCCUPATIONAL THERAPIST; BEHAVIOURAL THERAPIST; DBT; CBT**

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do you give consent for him/her to be contacted and (1) review your answers to this questionnaire; (2) to share your health history with us; and (3) to discuss with us whether your participation in the Day Program and (if applied for) the Therapeutic Assessment Unit Program and/or Enhanced Residence Program would be appropriate and beneficial for you

**Yes** if yes, please sign here \_\_\_\_\_  
and print your name and the capacity in which you are signing i.e. in person, or as attorney for personal care. \_\_\_\_\_

**No**



## COMMUNITY RESOURCES [CONT'D]

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Do you give consent for him/her to be contacted and (1) review your answers to this questionnaire; (2) to share your health history with us; and (3) to discuss with us whether your participation in the Day Program and (if applied for) the Therapeutic Assessment Unit Program and/or Enhanced Residence Program would be appropriate and beneficial for you and would not pose undue risk to yourself or others?

**Yes** if yes, please sign here \_\_\_\_\_  
and print your name and the capacity in which you are signing i.e. in person, or as  
attorney for personal care. \_\_\_\_\_

**No**



**FAMILY CONTACT NUMBERS:**

First Name: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Apartment Number: \_\_\_\_\_ City: \_\_\_\_\_  
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_

First Name: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
Apartment Number: \_\_\_\_\_ City: \_\_\_\_\_  
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_

First Name: \_\_\_\_\_  
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Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_



## FAMILY HISTORY

**Briefly describe your family dynamics** i.e. where you raised by both parents; do you have siblings; did any significant events occur in your childhood etc.

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## EDUCATION HISTORY

**What education level have you achieved?**

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## EMPLOYMENT HISTORY

Are you currently employed?

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Have you ever been employed?

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## RISK/BEHAVIOUR INFORMATION

Indicate beside each one if there have been any recent behaviour (within the last 12 months) or previous behaviour of if it does not apply. Please provide details:

- Self-abuse \_\_\_\_\_
- Fire setting \_\_\_\_\_
- Suicide attempts \_\_\_\_\_
- Frequent thoughts about suicide \_\_\_\_\_
- Careless smoker \_\_\_\_\_
- Wanting to kill or maim people \_\_\_\_\_
- Threatening to kill or maim people \_\_\_\_\_
- Not taking your medication \_\_\_\_\_
- Substance abuse (alcohol and drugs; history; outcome) \_\_\_\_\_
- Verbal aggression \_\_\_\_\_
- Physical assault \_\_\_\_\_
- Sexually inappropriate behaviour \_\_\_\_\_
- Destruction of property \_\_\_\_\_
- Problems with anger control and management \_\_\_\_\_
- Self-harm \_\_\_\_\_
- Running away \_\_\_\_\_
- Making unfounded allegations \_\_\_\_\_
- Expressing high levels of distress \_\_\_\_\_
- Major physical illness/disability/chronic pain \_\_\_\_\_
- Feelings of intense fear caused by certain situations or creatures i.e. darkness, people in masks, dogs, spiders \_\_\_\_\_
- Feelings of helplessness and/or hopelessness or that you have no control over your life \_\_\_\_\_
- Feeling unsafe while in the community or in open spaces or in enclosed spaces \_\_\_\_\_
- Stealing; untrustworthiness \_\_\_\_\_

**Have you ever been or are you currently on probation and/or parole?** (If yes please provide contact information for probation office as well as reasons why)

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**SOCIAL INTERESTS**

**Do you enjoy social relationships? Do you make and keep friends easily or with difficulty?**

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**How do you normally spend your free time?** i.e. watching television; sports; computers; isolates self; involved in clubs; hobbies; interests; friends

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**What recreational or social activities are you currently involved in within the community?**

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**Please describe your strengths, abilities, and talents:**

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**What accomplishments are you most proud of?**

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**What is presently expected of you in terms of functioning as a contributing member of your present living environment?**

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**Are they agreeable with some of your time being taken up with structured activities?**

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**What are your goals for the future?** (include both short and long-term goals)

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## ACTIVITIES OF DAILY LIVING

Please rate between 0 and 10 (0 meaning total support and 10 meaning no support)

**Personal hygiene** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Care of personal living space** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Cooking** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Shopping** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Finances** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Transportation** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩  
*(can you use public transit independently)*

**Enjoy leisure time independently** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Taking medication with reminders and support** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Attending appointments independently** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Cognitive skills** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩  
*(judgment; attention; planning)*

**Sleeping properly at night** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩  
**/staying awake during the day**

**Appetite** – eating habits; not skipping meals ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

**Doing laundry independently** ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩



**SAFETY PLAN:** has there been one developed and if so what is it or please attach copy of.

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## **CRISIS PLAN**

**1. When do you or your family know when you are in crisis** i.e. do you repeatedly say or do things? Is there a 'buzz' word when you are having an episode or displaying psychosis; anxiety; or other state.

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**2. What does your family do when you are in crisis?**

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**3. What are your triggers - what proactive steps can be taken to sooth and/or ground you.**

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**4. How long is your escalation period i.e. is there a slow build up before escalates or is it immediate?**

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**How long before we call 911?**

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**Do you have a prescription for a PRN?**

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**Do you display any signs of aggression?**

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**What self-soothing techniques do they use?**

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Please tell us anything else you think we should know to support you and keep you and those around you safe and well.

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**PLEASE RETURN TO**

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All Consent for Disclosure of Personal Health information forms must be delivered  
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